

NOTICE REGARDING THE MONTANA AUTOMOBILE DEALERS INSURANCE TRUST WELLNESS PROGRAM

The Montana Automobile Dealers Insurance Trust (MTADA) wellness program is a voluntary wellness program available to all employees and spouse on the medical plan. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee and spouse plan member health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary health risk assessment or "HRA" that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include the following blood tests: Comprehensive Metabolic Panel, Complete Blood Count, the Lipid (Cholesterol) Panel, the TSH (Thyroid Test), Hemoglobin A1c (long term blood sugar control) and a PSA test (for men 50 years and older).

You are not required to complete the HRA or to participate in the blood test or other medical examinations. However, employee and spouse plan members who choose NOT to participate in the 2017 MTADA sponsored ISWM screenings and HRA will be subject to a \$60 monthly premium surcharge in 2018.

The information from your HRA and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you services through the wellness program, such as health coaching with trained clinicians. You also are encouraged to share your results or concerns with your own doctor.

Protections from Disclosure of Medical Information

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and MTADA may use aggregate information it collects to design a program based on identified health risks in the workplace, MTADA will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive

the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is (are) It Starts With Me Health or a health coach in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, extra measures will be taken to securely store any data and/or information stored electronically , and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact It Starts With Me Health at 29 Fort Missoula Road, Missoula MT 59804 or by phone at 1 (866) 932-6467.